

PSYCHOTHERAPY MEETS AFRICA

7TH WORLD CONGRESS FOR PSYCHOTHERAPY 25-29 AUGUST 2014, DURBAN, SOUTH AFRICA



FACTS ABOUT SOUTH AFRICA

Situated on the tip of the African Continent, South Africa is roughly the size of Spain and France combined. Exceptionally diverse for a country of its size, South Africa is like "the world in one country" and contains within its borders scenic attractions from the dramatic, and landscapes of the northwest to the forestfringed coastline of the Garden Route; from the flat, dry Karoo interior to the craggy Drakensberg Mountains in the east, from the manicured vineyards of the Cape, to the flower fields of Namaqualand and the bushveld of the Kruger National Park.

South Africa has been one of the fastest-growing tourist destinations in the world. The climate, the accessibility (for many visitors only an overnight flight away and no jet lagh, the location between East and West, the rich cultural heritage and the favourable exchange rate all combine to make South Africa a popular destination for more and more international visitors.

POPULATION AND LANGUAGES

The population numbers some 48,687,000 inhabitants. There are eleven official languages in South Africa, although English is spoken throughout the country. For more information, please visit www.southafrica.net

DURBAN - THE 2014 HOST CITY

Durban, also known as eThekwini in Zulu, is the third most populous city in South Africa and forms part of the eThekwini Metropolitan Municipality, It is the largest city in KwaZulu-Natal and is known as the busiest port in Africa. It is major centre of tourism due to the city's warm subtropical climate and beaches.

GEOGRAPHY AND CLIMATE

Durban is famous for its mild sub-tropical climate with warm wet summers and mild, moist to dry winters. Due to large altitude variations, some western suburbs get very cold in the winter. Durban has an annual rainfall of 1,009 millimetres (39.7 ln), with daytime maxima peaking from January to March at 28° (82 $^{\circ}$) and the minimum is 21° (70°), dropping to daytime highs from June to August of 23° C(37°) and the minimum is 11° C(52°).

DEMOGRAPHICS OF DURBAN

Land Area: 2.292 sauare kilometres (884.9 sa mi)

Population: almost 3.5 Million

Population density: 1,513 inhabitants per square kilometre (3,918.7/sq mi) Currency: ZAR (Rand)

Commonly spoken languages: English, Afrikaans, Zulu, Xhosa

SEE YOU IN DURBAN 2014!



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